



# Meramec Hockey Club

## Learn to Play Ice Hockey Program



Meramec Hockey Club uses USA Hockey's **Hockey Initiation Program (H.I.P.)** as our Learn to Play Hockey program for our youngest skaters. This program is designed to introduce boys and girls that are 4-10 years old to the sport of ice hockey. Our club provides a fun and age-appropriate program at a reasonable cost.

Development focuses on learning to skate and basic hockey skills at an appropriate pace.

***No previous skating or hockey experience necessary!***

We use a station format and work on all skating and stick handling skills necessary to advance to game play. Our program develops the players' skills in preparation for recreational and league teams in the future. We occasionally use small cross-ice games during the session to keep the young skaters interested.



### Fall HIP Fee: **\$200\***

**Includes 17 – 45 minute sessions, jersey and rental equipment (additional refundable rental equipment deposit required).**

### Buddy Program Fees:

**You can substantially reduce your HIP fees with this great referral program for our MHC districted players! Please see the buddy program flyer for more information. Maximum of 2 buddies per group.**

***\*Additional fee for USA Hockey Membership applies. This fee is \$47 for players that are ages 7 – 9 and \$7 for players that are 4-6 years old.***

### Program Details:

- Approximately 150 skaters divided into three sessions based on skill level
- Concentration on basic hockey skills by several certified coaches
- Last session will be a hockey game to show off their skills, followed by a medal ceremony and snack.

### Location and Dates:

- **17 – 45 minute sessions** will be held on **Saturday morning's** beginning **November 1, 2014 – March 7, 2015** (no session on January 17).
- Sessions held at the FSI Shark Tank located at 6297 Lemay Ferry Rd
- Session times are **9:15, 10:00 & 10:55a.m.** The coaches will assess the players' skill level and determine the appropriate session time for each player. For the first couple of weeks players will attend sessions based on their last name, which will be announced closer to the start date of the program.

### Equipment:

- Rental equipment offered at **NO ADDITIONAL COST while supplies last**
- Available for a **\$150 refundable rental deposit** refunded at the conclusion of the HIP session provided that the equipment is returned in good condition and is returned on the specified equipment return date.
- Rental equipment includes:
  - Helmet, gloves, all pads (chest/shoulder, elbow and shin guards) and hockey pants
- Each player is also required to have hockey skates, a stick, neck guard, mouth guard, hockey socks and jocks shorts or a protective cup and hockey garter belt.
- **Included with your HIP fee is a Sharks jersey for each player to keep!**

***Please check the Learn to Play / HIP tab on the menu bar of the club's website for the "HIP rental equipment & fitting information" flyer that contains pictures and descriptions of the required hockey equipment for this program.***

### Registration:

- To register, please use our online registration system that can be accessed through the home page of the club's website. **Registration for HIP is available until October 30<sup>th</sup>.**
- For the Buddy Program, please contact the Club Registrar, Angie Kovacs at [registrar@meramecsharks.com](mailto:registrar@meramecsharks.com), before you register your player/s.
- For questions about the HIP/LTP Program, please contact the Learn to Play Manager at [LTPmanager@meramecsharks.com](mailto:LTPmanager@meramecsharks.com).